

ADVANCED LACROSSE

SUMMER YOUTH SKILLS AND SCRIMMAGE LEAGUE

Who: Advanced Lacrosse presented by Chris Panos #55

What: Summer Youth Skills and Scrimmage League (grades 5-8)

When: Grades 5-6: Mondays from 6-8 p.m. on June 14th, 21st, 28th and July 5th, 12th and 19th
Grades 7-8: Tuesdays from 6-8 p.m. on June 15th, 22nd, 29th and July 6th, 13th and 20th

Where: Upper Summit grass fields above Nathan Hale HS, Seattle, Washington (cleats, full equipment and water are required)

Why: Stick skills, fundamentals, conditioning, strategies and controlled game situations and much more to optimize and maximize the young players efficiency development, knowledge and confidence.

How: Please visit **AdvancedLacrosse.com**, call **(631) 721-8919** or email **CHRISPANOS55@ADVANCEDLACROSSE.COM** for more details. Payment can be made by cash in person or check made payable to Advanced Lacrosse. Please mail registration form with payment to:
Advanced Lacrosse
307 NE Thornton Place
Suite 336
Seattle, WA 98125

Cost: \$195.00, which includes: six (6) two-hour sessions for a total of 14 hours of training/scrimmage; player insurance; field rental; tank top and prizes. Sponsored by adidas Lacrosse.

**Registration deadline is June 1st, 2010 as space is limited...Don't miss this chance to learn from one of the best!*

This is a great opportunity for players to stay sharp throughout the Summer months, while learning lacrosse skills and knowledge from one of the worlds best lacrosse players. I look forward to developing young athletes into the future lacrosse stars of tomorrow. If you have any questions or concerns, please don't hesitate to contact me directly.

2010 SUMMER YOUTH SKILLS AND SCRIMMAGE LEAGUE REGISTRATION

NAME: _____

ADDRESS: _____

CITY: _____ **STATE:** _____ **ZIP:** _____

PHONE 1: _____ **PHONE 2:** _____

US LACROSSE MEMBER NO. (REQUIRED FOR PARTICIPATION): _____

SELECT AGE GROUP: **GRADES 5-6 (MONDAYS)** **GRADES 7-8 (TUESDAYS)** **COST: \$195 – Make checks payable to Advanced Lacrosse**

Mail registration with payment to: **Advanced Lacrosse, c/o Chris Panos, 307 NE Thornton Place, Suite 336, Seattle, WA 98125**

I understand that lacrosse is a dangerous sport and that my child could be injured as a direct result of participating in the above named Advanced Lacrosse activity. Therefore, I, the undersigned, release from liability and hold harmless Advanced Lacrosse and its owners, agents and employees; Nathan Hale High School; and US Lacrosse and its agents, owners, officials and players for any injuries the above named minor may sustain while participating in the activity named above.

Parent or Guardian Signature: _____